

STITCHOLOGY

2023 Shop Hop Block
www.stitchologyABQ.com

Cutting:

Background (cream Grunge)

Cut 1 strip 1" x WOF (width of fabric)

Subcut into 16: 1" squares

Cut 1 strip 2" x WOF

Subcut into 8: 2" x 4" rectangles

Cut 1 strip 1 3/4" x WOF

Subcut into 8: 1 3/4" x 1 3/4" squares

Flower Petals (Pink, Lt. Blue, Navy, Orange)

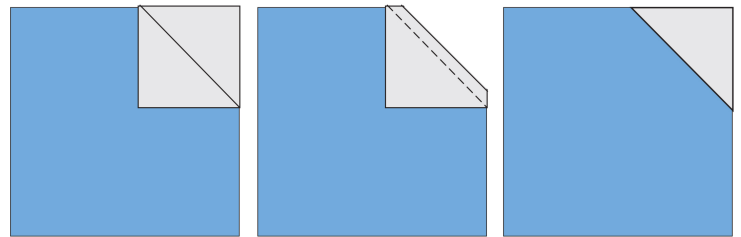
From each color cut 4: 2 1/4" x 2 1/4" squares

Green Stem

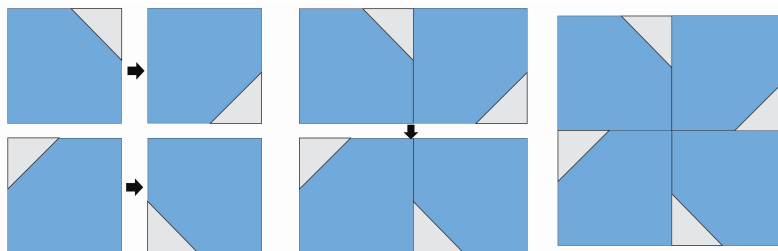
Cut 4: 2" x 2" squares

Piecing the Block:

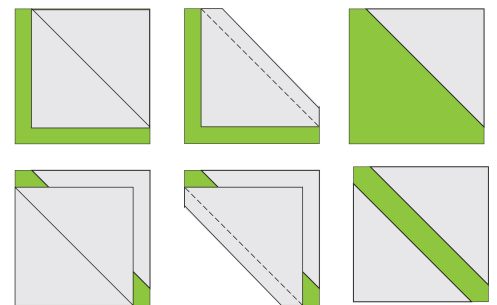
1. Draw a diagonal line on the wrong side of the 1" background squares. With right sides together, place the square on the top right corner of a petal 2 1/4" square. Stitch on the line and trim 1/4" away from the seam. Press seams open and flip up background triangle to fill in the corner. Repeat for remaining petal pieces.



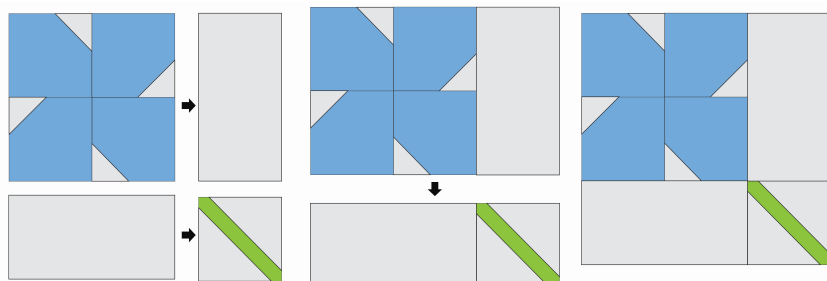
2. Assemble the flower as shown using 1/4" seams. Press seams open. Repeat so you have 4 flowers. Use a single petal color per flower.



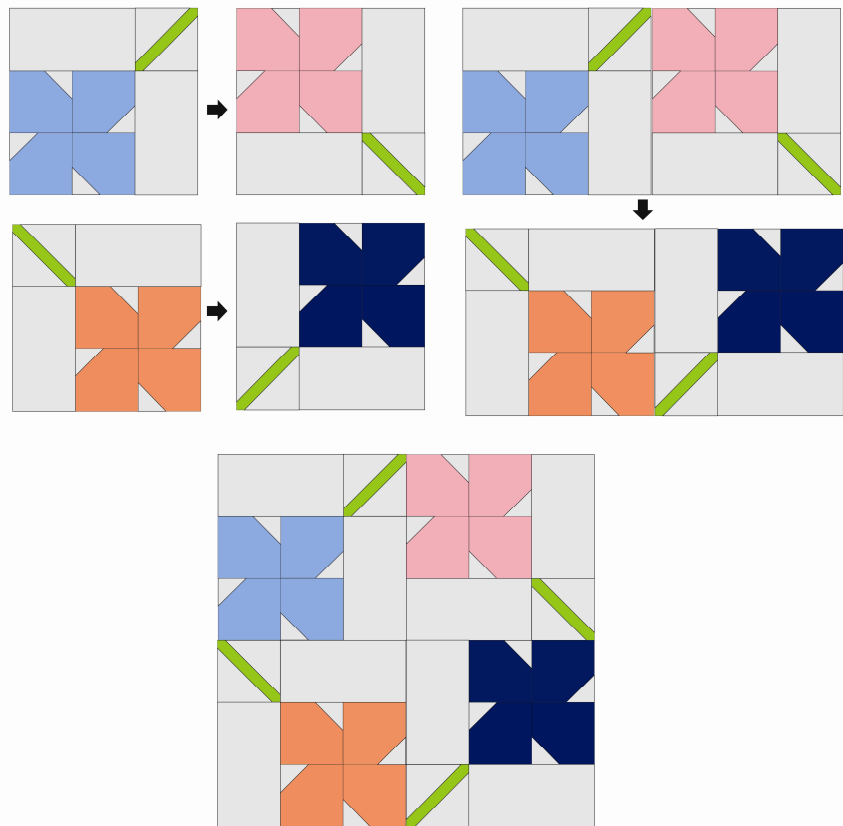
3. Draw a diagonal line on the wrong side of background 1 3/4" squares. With right sides together, place background square on the top right corner of green stem 2" square. Stitch on the drawn line and trim to 1/4". Press seams open. Layer another background 1 3/4" square on the bottom left corner and repeat. Make 4 stem units.



4. Using a flower, stem and two 2" x 4" rectangles, assemble the block as shown using a 1/4" seam allowance. Repeat for all 4 flowers.

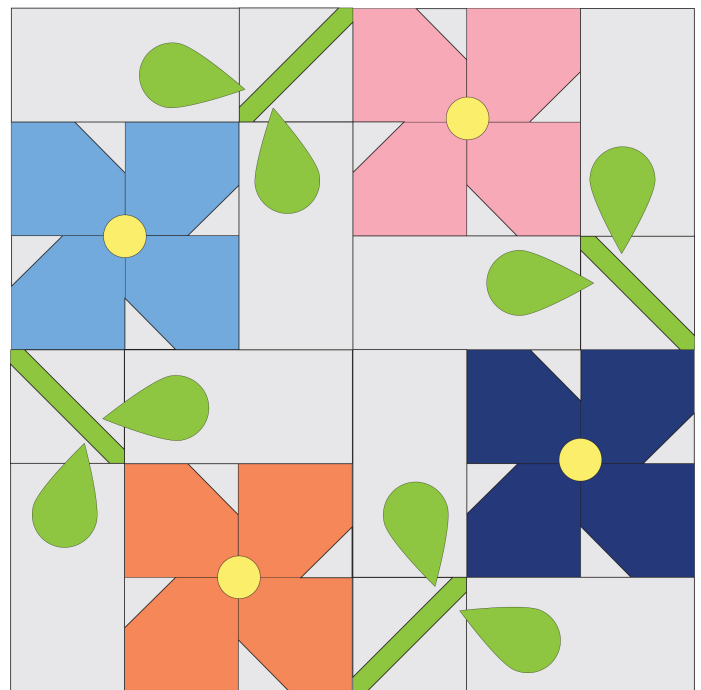


5. Assemble the 4 flower blocks as shown and sew together with a 1/4" seam allowance.

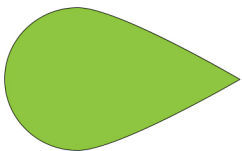


Appliqué the Block:

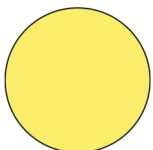
1. Trace 8 leaves and 4 flower centers onto the release paper of the HeatNBond.
2. Use an iron, on wool setting, to apply the traced HeatNBond to the wrong side of the green and yellow fabrics and cut out the shapes.
3. Remove the release paper from all shapes and determine where to place the pieces on the block.
4. Sew around the edges of each piece to secure in place. You may wish to use your favorite decorative stitches.
5. Press block flat and enjoy.



APPLIQUÉ PATTERNS



Cut 8



Cut 4

Check out the video tutorial at:

<https://www.stitchologyabq.com/2023shophopblock>

